CROSS BEARING ADVENTURES GROUP LEADER'S PLANNER!

Rock Climbing and Rappelling Adventure.

Thank you for trusting "Cross Bearing Adventures" with your Group!! We look forward to serving you. The Climb/Rappel experience is designed to let individuals safely encounter Rock Climbing in the beautiful Garden of the Gods and Rappelling on a large cliff in Cheyenne Canyon. Our goal at CBA is to meet <u>your</u> goals for your group. From the moment you arrive, we want to take care of all the details, from instruction and equipment to coaching. We will do everything possible to foster positive experiences with each individual through personal care and attention to their special needs. Here are a few things to take care of before the trip.

PERMISSION FORMS

All of the permission forms (CBA Waiver & Garden Climbing Permit) need to be completed by the students/parents and leaders. The group leader must check off that everything has been properly signed and completed before you leave for the Climb/Rappel Site. Please have the forms ready when you arrive. Top portion of Garden of the Gods Permit needs to stay with the student and the bottom will come to CBA in order to be turned in at the Visitor Center.

PAYMENT SCHEDULE

Price per person is based on total participants per day. See price sheet. \$200 reserves your day.

Please have check made to: "Cross Bearing Adventures"

Mail check to: 7755 Fargo Dr., Colorado Springs, CO 80920

Notify us as soon as possible of any # changes so we can adjust with staff.

SAFETY & MEDICAL CARE: Safety is our first concern!! We maintain a safe environment in each aspect of the challenges. The staff is specially trained for these adventure activities and ready to support each person and their needs! There will be an "Emergency Responder" and a first aid kit with the group at all times.

WHAT TO WEAR & BRING: Be prepared for weather changes. Good shoes, rain gear, warm clothes, water bottle and sunscreen for all day activities. Gloves are optional.

CONDUCT: Alcohol/drugs are strictly prohibited and everyone is expected to act responsibly.

EMERGENCY CONTACT INFO: Cross Bearing Adventure (719) 351-7691

DIRECTIONS

Cross Bearing Adventures operates the rappel site in North Cheyenne Canyon.

Quaker Ridge Camp & Stable

- 1. Head west toward CO-67 N (2.1 mi)
- 2. Turn left onto CO-67 S (5.6 mi.)
- 3. Turn left onto **US-24 E** (16.7 mi.)

For Climbing:

Turn Left onto **Ridge Rd just after Manitou exit.**Go one mile and merge onto Juniper Way Loop and park at **South Garden Parking Lot #10 on the right.** Walk North down Juniper Way Loop to climbing site on the left.

For Rappelling:

- 4. Turn right onto S 21st St (1.4 mi)
- 5. Continue onto Cresta Rd (1.6 mi)
- 6. Turn right onto Cheyenne Blvd (1 ml.)
- 7. Slight right onto N Cheyenne Canyon Rd through gate. Go about ½ mile to Parking area off left by large pine trees next to the rode. Park here and walk across bridge down trail by creek about 100yds.(0.6 mi)

CROSS BEARING ADVENTURES PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of Cross Bearing Adventures, LLC., its agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on its behalf (hereinafter collectively referred to as "CBA"), I hereby agree to release, indemnify, and discharge CBA, on behalf of myself, my children, my heirs, assigns, personal representative and estate as follows:

I acknowledge that outdoor adventure based activity which may include, but is not limited to: high and low ropes courses, hiking, camping, rappelling and rock climbing entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks include, among other things: Slipping and falling, falling objects, other people, rope abrasion and entanglement, injuries resulting from climbing and rappelling, belaying, lowering on a rope, rescue systems, ropes course, exhaustion, exposure to temperature and weather extremes which could cause hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; and exposure to potentially dangerous wild animals, insect bites, equipment failure including ropes, slings, pulleys, harnesses, hardware, belay devices, anchor points and other gear used in activity, improper lifting or carrying.

I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks. **Participant may not participate in the program if he or she has any medical (mental or physical) condition which may induce risk to himself or herself or to other participants or staff.** By signing below, the Participant or responsible parent/guardian acknowledges there are no known health issues, medical concerns or conditions unstated.

I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless CBA from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of CBA's equipment or facilities, including, but not limited to any such claims which allege negligent acts or omissions of CBA.

Should CBA or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, and if CBA is the prevailing party, I agree to indemnify and hold them harmless for all such fees and costs. In the event that I file a lawsuit against CBA, I agree to do so solely in the state of Colorado, and I further agree that the substantive law of Colorado shall apply in that action without regard to the conflict of law rules of that state. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

By signing this document, I acknowledge that I am waiving my rights to any and all claims arising out of my participation in CBA activities which may be against CBA and its parties. I have had sufficient opportunity to read and understand this entire document and I agree to be bound by the terms outlined herein.

Signature of Participant _____ Print Name _____

Address					
Phone	Date	Email		_	
Emergency Contact Name:		Cell			
PAR		AN'S ADDITIONA ed for participants u	L INDEMNIFICATION under the age of 18)		
In consideration of	to participate in its ac discharge, and agree t way connected with r such claims which a	ctivities and to use its to indemnify and hol my participation in thallege negligent acts	Id harmless CBA from any and his activity or my use of CBA's or omissions of CBA. I agree	I all claims, demands equipment or factoring to indemnify and	intarily nds, or cilities, d hold
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